



6 IDEAS TO EXPAND MESSY PLAY

Are you doing messy play at home and looking for ways to expand messy play? Below are 6 ways to expand messy play

1 HIDE ITEMS INSIDE SLIME/DOUGH

2 INSPIRE IMAGINATION WITH "I WONDER" STATEMENTS

I wonder what creatures can be made / what adventure we are going on / what we will find on our adventure

3 FOLLOW THE CHILD'S LEAD WITH THEME/PLAY AND EXPAND

- **If a current interest is camping can a tent be built around the table and food and bugs be made of play dough?**
- **Make potions in the backyard or bathroom**
- **Use nature rocks / grass / dirt, make sand soup and dirt pasta**

4 GO ON AN ADVENTURE THROUGH THE HOUSE TO FIND INGREDIENTS

- **Pretend to fly through the galaxy to locate items**
- **Hop and crawl like different animals to find ingredients**

5 READ A BOOK RELATED TO MESSY PLAY IDEA

- **Bartholomew and The Oobleck**
- **Cloudy with a Chance of Meatballs**
- **Pete the Cat I love my White Shoes**

6 USE MUSIC/ SINGING SONGS

- **Sing Itsy Bitsy spider during water play or fizzy painting**
- **Paint to different speeds of music**

MESSY PLAY ACTIVITIES WITH HOUSE HOLD INGREDIENTS

- Cloud dough directions found at: [masandpas.com/cloud-dough/](https://www.masandpas.com/cloud-dough/)
- Marshmallow fluff slime at: thesoccermomblog.com/super-stretchy-edible-marshmallow-fluff-slime/
- Oobleck/ goop directions at: [abcssofliteracy.com/how-to-make-oobleck/](https://www.abcssofliteracy.com/how-to-make-oobleck/)
- No cook play dough: www.kiwifamilies.co.nz/articles/easiest-no-cook-play-dough-recipe/
- Fizzy paint directions at: taminglittlemonsters.com/fizzy-painting-stem-activity-for-kids/
- Sticky paint directions: mix corn syrup with a few drops of food coloring
- Thin layer or salt/sugar: Thin layer of salt/sugar on a cookie sheet to draw shapes, scenes and letters
- Cloud jars directions found at: [thestemlaboratory.com/rain-cloud-jar/](https://www.thestemlaboratory.com/rain-cloud-jar/)
- Coffee filter coloring directions at: www.projectsforpreschoolers.com/coffee-filter-painting/

