

ANNUAL REPORT 2015

Our Impact on Families

"You are not a good parent." "He'll probably grow out of it."





These are statements most parents hear at some point prior to learning that their child has Sensory Processing Disorder.

The impact of family-coached occupational therapy, feeding therapy, and other parent supported therapies on the relationship and joy of families is huge. When a child becomes more regulated, his/her behavior transforms, and the family can begin to live with better quality of life. The research-based treatments at STAR Institute are based on parent priorities, families are empowered to support their child at home, at school and in the community.

STAR Institute has seen an increase in families seeking help with treatment since services began over 10 years ago. STAR Institute has gone from seeing 80 families a year, to over 600 in 2015. The growth in the numbers of those seeking STAR Institute therapies will continue to grow as more families learn about Sensory Processing Disorder.

Our Impact on Children

Far too many children with sensory symptoms are misdiagnosed and not properly treated. Untreated SPD can affect an individual's ability to succeed in marriage, work,



school, and socially, and can lead to needs for mental health or juvenile justice services.

Receiving proper treatment impacts social participation, self-regulation and self-esteem, and can change the course of a child's life forever.

Over the past year, STAR Institute has supported children, from infancy to 19 and, in our new adolescent and adult center, adults up to age 67.

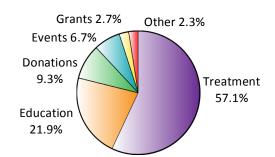
- ★ Eighty percent of those we served in 2015 were under the age of 10.
- ★ Pre- and post-data collected at STAR Institute shows significant changes as an effect of our treatment.
- ★ Dr. Lucy Jane Miller and team performed the first randomized controlled trial of a sensorybased approach to treatment, setting the stage for larger outcome studies in SPD (2007).

Financial Information

The STAR **Institute** commits its resources to treatment, research, awareness, and educational opportunities in order to help people whose lives are effected by SPD.

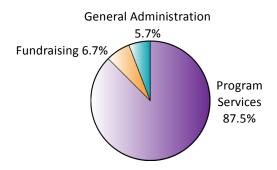
Revenues

Revenues in 2015* totaled \$2,931,748.



Expenses

Expenses in 2015* totaled \$2,716,128.



^{*}This is a combination of revenues from the SPD Foundation and STAR Center.

Research Accomplishments

The following manuscripts were prepared in 2015:

Published: Schoen, Miller, & Sullivan "A Pilot Study of Integrated Listening Systems With Sensory Processing Problems." in the Journal of Occupational Therapy, Schools & Early Intervention.

Accepted for publication: Schoen, Miller & Sullivan, "The Development and Psychometric Properties of The Sensory Processing Scale Inventory A Report Measure of Sensory Modulation" in the Journal of Intellectual and Developmental Disability

Submitted for publication: Miller, Schoen, McConkey, Valdez and Hampton, "Play in Natural Environments: Developing an Evidence Base for Outcomes on a Sensory-Rich Playground," Division of Early Childhood Education.

Completed professional conference participation:

AOTA Pre-conference Institute: A paradigm shift for treatment and research in sensory processing disorder

Poster presentation: A retrospective pre- and post-test study of OT intervention for children with sensory challenges.

Thank You Donors! The following organizations supported STAR Institute during 2015 with gifts of \$1,000 or more. Thank you!

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- ★ Deb Camp
- **★** Jessie Crandall
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- ★ Andrea Valdez

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- ★ Alexandra Lucas
- **★**Luke Rilev
- ★Jess Wood

Shared Services

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 - ★ Charity Clark, Clinic Aid
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