



Help Us Help!

Here are just a few of the ways ...

- **[JOIN STAR Institute](#)** as an Individual/Family or Professional Member. Your dues provide support for our missions of research, education, and advocacy.
- **[ENROLL in our SPD University e-Learning courses](#)** or tell a friend, colleague, or service provider about our online classes, webinars, and online symposia. E-Learning courses promote knowledge of SPD in an engaging interactive format and help underwrite SPD research.
- **[TELL your OT about our Intensive Mentorship program](#)** offered most months. This small group training provides clinicians with a unique opportunity to receive training in assessment and intervention for SPD and other sensory challenges. Guided by Dr. Lucy Jane Miller and Dr. Sarah A. Schoen.
- **[ATTEND our Symposiums](#)** or tell others about them. We offer one international SPD Symposium and three feeding workshops per year in different locations around the country.
- **[SUPPORT our research, education and advocacy initiatives](#)**. Whether you donate at an SPD Foundation event, online at our website, by mail, fax, or telephone, every gift helps underwrite the research crucial to advancing SPD knowledge, understanding, and recognition. You can even put us in your will.
- **[ORGANIZE or attend a Sensation Celebration event](#)**. Organizing an event is simplified with all the tips and tools provided on our website. If you are unable to organize an event, look on our website for an event near you to attend.
- **[HELP your child start a fundraising campaign](#)** through the sport they play by gathering pledges for goals, baskets, or runs they make. See how 16-year-old Roman is doing it.
- **[VOLUNTEER your services](#)**. You don't have to leave your house to volunteer for us. Much of our needs require making phone calls and Internet searches.

Click on all the links to get more detail on each way to help.



The STAR Institute is a 501(c)3 Colorado nonprofit public charity.
All contributions are tax-deductible.