



Help Us Help!

Here are just a few of the ways ...

- **[JOIN STAR Institute](#)** as a paid Subscriber. Your annual subscription fee helps provide support for our missions of research, education, and advocacy.
- **[ENROLL in our online SPD University courses](#)** or tell a friend, colleague, or service provider about our online classes, webinars, and online symposia. Our online courses promote knowledge of SPD in an engaging interactive format and help underwrite SPD research.
- **[TELL your OT about our Intensive Mentorship program](#)** offered frequently. This small group training provides clinicians with a unique opportunity to receive training in assessment and intervention for SPD and other sensory challenges. Guided by Dr. Lucy Jane Miller, Dr. Sarah A. Schoen and other expert faculty.
- **[ATTEND our Annual Symposiums](#)** or tell others about them. We offer one international SPD Symposium and three feeding conferences per year in different locations around the country.
- **[SUPPORT our research, education and advocacy initiatives](#)**. Whether you donate at an SPD fundraising event, through our website, by mail, fax, or telephone, every gift helps underwrite the research crucial to advancing SPD knowledge, understanding, and recognition. You can even put us in your will.
- **[ORGANIZE or attend a Sensation Celebration event](#)**. Organizing event is simplified with all the tips and tools provided on our website. If you are unable to organize an event, look on our website for an event near you to attend.
- **[HELP your child start a fundraising campaign](#)** through the sport they play by gathering pledges for goals, baskets, or runs they make. Or request donations in honor of your child's birthday or special event.
- **[VOLUNTEER your services](#)**. You don't have to leave your house to volunteer for us. Much of our needs require making phone calls, sending emails and conducting internet searches.

Click on all the links to get more detail on each way to help.



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All contributions are tax-deductible.