Red flags of Sensory Processing Disorder

If more than a few of the symptoms listed below fit your child, refer to the complete SPD Checklist.

**Infants and toddlers**
_____ Problems eating or sleeping
_____ Refuses to go to anyone but me
_____ Irritable when being dressed; uncomfortable in clothes
_____ Rarely plays with toys
_____ Resists cuddling, arches away when held
_____ Cannot calm self
_____ Floppy or stiff body, motor delays

**Pre-schoolers**
_____ Over-sensitive to touch, noises, smells, other people
_____ Difficulty making friends
_____ Difficulty dressing, eating, sleeping, and/or toilet training
_____ Clumsy; poor motor skills; weak
_____ In constant motion; in everyone else's face and space
_____ Frequent or long temper tantrums

**Grade-schoolers**
_____ Over-sensitive to touch, noise, smells, other people
_____ Easily distracted, fidgety, craves movement; aggressive
_____ Easily overwhelmed
_____ Difficulty with handwriting or motor activities
_____ Difficulty making friends
_____ Unaware of pain and/or other people

**Adolescents and adults**
_____ Over-sensitive to touch, noise, smells, and other people
_____ Poor self-esteem; afraid of failing at new tasks
_____ Lethargic and slow
_____ Always on the go; impulsive; distractible
_____ Leaves tasks uncompleted
_____ Clumsy, slow, poor motor skills or handwriting
_____ Difficulty staying focused
_____ Difficulty staying focused at work and in meetings

Visit: spdstar.org
To learn more about Sensory Processing Disorder

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