

When Children Won't Eat: Picky Eaters vs. Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

OBJECTIVES:

1. Participants will be able to identify the major reasons why children won't eat, as based on learning theory principles.
2. Participants will be able to outline the necessary developmental skills for feeding, and the order of acquisition of those skills across time.
3. Participants will be able to list current and historical - physical, behavioral, motor, oral-motor and sensory factors needing examination as part of a feeding assessment.
4. Participants will be able to implement SOS Approach to Feeding Program treatment strategies to be used for toddlers, young children and older children with developmental delays, in Group and Individual treatment formats.

PRESENTERS:

Kay A. Toomey, PhD

(Pediatric Psychologist; President of Toomey & Associates, Inc.; Clinical Director of SOS Feeding Solutions at STAR Institute for Sensory Processing Disorder)

Erin S. Ross, PhD, CCC-SLP

(Neonatal and Pediatric Speech Pathologist; Assistant Clinical Professor at University of Colorado; Faculty at Rocky Mountain University of Health Professions; President, Feeding FUNDamentals, LLC)

Bethany Kortsha, MA, OTR

(Pediatric Occupational Therapist; Pediatric Feeding Specialist)

Kelly Fitzpatrick, CCC-SLP

(Pediatric Speech Pathologist; Pediatric Feeding Specialist)

Lindsay Beckerman, MOT, OTR/L

(Pediatric Occupational Therapist; Pediatric Feeding Specialist)

STATEMENT OF FINANCIAL AND NON-FINANCIAL RELATIONSHIPS

Dr. Kay A. Toomey – Paid Consultant for Nestle Infant Nutrition (Gerber division);
Unpaid Medical Board Member for Feeding Matters, (formerly P.O.P.S.I.C.L.E.);
Paid Speaker for Education Resources, Inc.;
Paid Speaker for STAR Institute for Sensory Processing Disorder

Dr. Erin S. Ross – Paid Consultant for Nestle Infant Nutrition (Gerber division);
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Kelly Fitzpatrick - Paid Speaker for Education Resources, Inc.;
Paid Speaker for STAR Institute for Sensory Processing Disorder

Lindsay Beckerman - Paid Speaker for Education Resources, Inc.;
Paid Speaker for STAR Institute for Sensory Processing Disorder

BIOGRAPHICAL STATEMENTS:

Dr. Kay A. Toomey is a Pediatric Psychologist who has worked with children who don't eat for almost 30 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey is currently the President of Toomey & Associates, Inc., as well as the Clinical Director of SOS Feeding Solutions at STAR Institute for Sensory Processing Disorder with Dr. Lucy Jane Miller.

Dr. Erin S. Ross is a Speech Pathologist with a Doctoral degree in Clinical Science – Health Services Research. She completed a two-year post-doctoral training in the Section of Nutrition, and now is a Clinical Instructor in the School of Medicine, Department of Pediatrics, at the University of Colorado Denver. Dr. Ross has over 25 years of experience working in the NICU within several HealthONE hospitals, and at the SOS Feeding Solutions clinic in Denver, Colorado. She has specialized in the development of feeding skills, and the etiology and treatment of feeding and growth problems in infants and very young children. She is also the creator of the SOFFI © Method, a feeding approach for infants in the NICU.

Bethany CF Kortsha, MA, OTR received her Master of Arts degree in Occupational Therapy from The College of Saint Catherine in St. Paul, Minnesota. She completed her Master's thesis on Autism and feeding challenges using the SOS Approach to Feeding. Bethany currently works as a Pediatric Feeding Specialist at SOS Feeding Solutions at STAR Institute for Sensory Processing Disorder with Dr. Lucy Jane Miller. She is also the Director of Clinical Mentorship for Toomey & Associates, Inc. Prior to joining STAR Institute and Toomey & Associates, Inc., Bethany worked as a member on a multidisciplinary team in a day treatment clinic for children with Autism Spectrum Disorders, SPD, emotional/behavioral disorders, and feeding problems. Additionally, Bethany has completed the STAR Institute's Intensive Mentorship Program and is a certified DIR Floortime Provider.

Kelly Fitzpatrick, CCC-SLP received her Master of Arts degree in Communication Sciences and Disorders from The University of Memphis. She currently works as the Assistant Clinical Director of SOS Feeding Solutions at STAR Institute for Sensory Processing Disorder with Dr. Lucy Jane Miller. She specializes in feeding difficulties in children 0-5 years old and those who are G-tube dependent. Prior to joining STAR Institute, Kelly practiced in a pediatric outpatient hospital setting using the SOS Approach to Feeding. Additionally, Kelly completed the STAR Institute's Intensive Mentorship Program and is a certified DIR Floortime Provider.

Lindsay Beckerman, MOT, OTR/L received her Master of Occupational Therapy degree from The Ohio State University. She currently works as a pediatric feeding specialist at SOS Feeding Solutions at STAR Institute for Sensory Processing Disorder with Dr. Lucy Jane Miller. She specializes in feeding difficulties in atypical learners, including children and teens with Autism Spectrum Disorders, ADHD, and multisensory processing difficulties. Prior to joining STAR Institute, Lindsay worked as a member of a multidisciplinary team with Autism Spectrum Disorders, SPD, emotional/behavioral disorders and feeding problems. Additionally, Lindsay has completed the STAR Institute's Level 1 and Level 2 Intensive Mentorship Programs and is a certified DIR Floortime Provider.