

# When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

## LIVE STREAMED CONFERENCE AGENDA

### DAY 1 :

- 7:30am to 8:00am Registration
- 8:00am to 9:55am ***I. Introduction***  
A. Prevalence Data – Feeding Problems  
B. Prevalence Data – Growth Problems  
C. Complexity of Feeding/Eating & the Role of the Environment  
D. Tenets of SOS
- 9:55am to 10:15am Break
- 10:15am to noon D. Top 10 Myths - Overview  
E. Appropriate Diagnoses to Use
- II. Feeding Theory & Milestones*** - How children learn to AND not to eat
- A. Learning Theory  
1. Feeding Therapy Options  
2. Video
- 12:00pm to 1:05pm Lunch
- 1:05pm to 2:55pm B. Myth 1 = Breathing  
C. Motor Skill Acquisition  
D. Oral-Motor Skill Acquisition & Developmental Food Continuum
- 2:55pm to 3:15 pm Break
- 3:15pm to 5:00pm D. Oral-Motor Skills & Developmental Food Continuum - continued

### DAY 2:

- 8:00am to 9:55am ***II. Feeding Theory & Milestones*** - continued  
E. Sensory Skill Acquisition  
F. Understanding the Role of Sensory Processing In Feeding
- 9:55am to 10:15am Break
- 10:15am to noon ***II. Feeding Theory & Milestones*** – continued  
G. Steps to Eating - Overview  
H. Cognitive Development
- 12:00pm to 1:05pm Lunch

## **DAY 2 continued:**

1:05pm to 2:55pm

**II. Feeding Theory & Milestones** – continued  
I. Psychological Developmental Stages

**III. Treatment/Interventions**

A. General Treatment Strategies

1. Social Role Modeling
2. Structure/Routine

2:55pm to 3:15pm

Break

3:15pm to 5:00pm

**III. Treatment/Interventions** - continued

A. General Treatment Strategies - continued

3. The Correct Use of Reinforcement
4. Accessing the Cognitive

B. Food Jags

**IV. Assessment of Feeding Problems**

A. Assessment Process

B. Referral Candidates

C. Reasons Children Won't Eat

D. Child Factors

## **DAY 3:**

8:00am to 9:55am

**IV. Assessment of Feeding Problems** - continued

E. Environmental Factors

F. Parent Factors

G. Practice Videos

H. Parents' Experience

9:55am to 10:15am

Break

10:15am to noon

**V. The SOS Approach to Feeding – Theoretical Requirements**

A. Systematic Desensitization

B. Cues to Eating

C. Language Use

12:00pm to 1:05pm

Lunch

1:05pm to 2:55pm

**VI. The SOS Approach to Feeding – Therapy Sessions**

D. Therapy Format - Child

1. Room Set-Up + Modifications
2. Session Structure & Routine

2:55pm to 3:15 pm

Break

3:15pm to 5:00pm

**VI. The SOS Approach to Feeding – Therapy Sessions** - continued

E. Therapy Format – Parent

F. Modifications Across Settings

G. Sensory Based Problem Solving

## **DAY 4:**

8:00am to 9:55am	<b><u>VI. The SOS Approach to Feeding – Therapy Sessions</u></b> - continued H. Progression Across Sessions I. Graduation Criteria & SOS Data J. Building a Food Hierarchy 1. Requirements
9:55am to 10:15am	<b><u>Break</u></b>
10:15am to noon	<b><u>VI. The SOS Approach to Feeding – Therapy Sessions</u></b> - continued J. Building a Food Hierarchy – continued 2. Practice K. Hierarchy Strategies – Moving Children Up the Steps 1. Play techniques per Step 2. Practicing hierarchy strategies
12:00pm to 1:05pm	<b><u>Lunch</u></b>
1:05pm to 2:55pm	<b><u>VI. The SOS Approach to Feeding – Therapy Sessions</u></b> - continued K. Hierarchy Strategies – Moving Children Up the Steps - continued L. Hierarchy Strategies – Oral Motor Steps to Eating
2:55pm to 3:15 pm	<b><u>Break</u></b>
3:15pm to 5:00pm	<b><u>VI. The SOS Approach to Feeding – Therapy Sessions</u></b> - continued M. Video: Progression Within Session N. SOS Data  <b><u>VII. Managing Other Maladaptive Behaviors</u></b>  A. Intervention strategies – Perseveration & Vomiting B. Emotion Based Discipline

**\*\* Participants are expected to attend the course for the entire length of each day (8am to 5pm, CENTRAL TIME), in order to receive their Certificate and their full CEU credits. Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they log in late or leave the course early.**