

FALL YOUTH GROUPS & PROGRAMS

Play, interact and grow with STAR Institute! This fall we are offering a variety of youth programs and groups both online and in-person supporting your child and family with daily activities that focus on movement, language development, sensory and social skills for ages 3-17. Learn more about each program below. Registration is for a complete 2-week block session unless otherwise noted.

Funding available for families from Developmental Pathways and Rocky Mountain Human Services.

Contact Us Today at
303-227-7827 or via email at groups@spdstar.org

Language Leaps - for verbal children **ages 4-6** focused on language stimulation and expansion. All activities are facilitated by a speech pathologist. Each session will include vocabulary building, following directions, and an early phonics task. *Duration 30 mins - \$240/8 sessions*

Language Launch - for verbal children **ages 7-9** focused on language stimulation and expansion. All activities are facilitated by a speech pathologist. Each session will include vocabulary building, answering questions, following directions, and auditory memory activities. *Duration 30 mins - \$240/8 sessions*

STAR Online for 4-6 year olds - a fun virtual adventure where kids connect by traveling to different lands together in fantasy vehicles that they create themselves. Great for attention, impulse control, imagination, motor planning, and communication. Different themes each day, *Duration 45 mins - \$360/8 sessions*

STAR Online for 6-9 year olds - Fun games, sensory motor play, whole body movement activities with different themes each day. Great for attention, impulse control, imagination, motor planning and communication. *Duration 45 mins - \$360/8 sessions*

Energy Explorers - Ages 7-9 - A self regulation group, we will identify individual signs of dysregulation and practice mindful strategies in a group setting, and regulation strategies for your every day, run by an OTR/L. *Duration 45 mins - \$360/8 sessions*

Radiant Writers - Ages 4-6 - A multi-sensory approach to handwriting using Connect Experience Write Program. Through the use of music and movement- support foundational handwriting skills in a way that is FUN! *Duration 45 mins - \$360/8 sessions*

Rebounders - Ages 4-10 - for any child with access to a trampoline at home. This group has the feel of a dance or exercise class, but with rebounders! Work on regulation, core stability, breathing, bilateral coordination, impulse control and more. Run by an OTR/L. *Duration 45 mins - \$360/8 sessions (2x per week)*

Imagine Adventure - Ages 7-10 - simplified role playing games, face to face over zoom, builds social connection, confidence, theory of mind and social competence. *Duration 45 mins - \$360/8 sessions (2x/week for a month)*

Ignite - Ages 13-17 - fun, whole body movement with some cardio, postural work and cool down, also works on rhythm, coordination and self-regulation. *Duration 45 mins - \$360/8 sessions (2x/week for a month)*

CREW - Ages 3-6 - builds social cognition and awareness, communication, problem-solving skills, and interactive play skills for children ages 3 years and up. *Duration 90 minutes - \$960/10 sessions, 2x per week*

School Readiness & Booster Program - Ages 3-6 - This program is designed to enhance your child's skills and build on their strengths to prepare them for school and throughout the year. Our goal is to provide a supportive, therapeutic group program that allows your child to build the confidence, self-esteem, self-awareness and maintain the regulation they need to transition to the school setting. *Duration 165 mins*

- \$113 per day/Daily sessions
- \$900/2-week block (8 sessions, Mon-Thurs)
- \$4,000/semester (12 weeks/48 sessions)

Visit www.spdstar.org for our ongoing daily schedule.

