

# RED FLAGS

## FOR PROBLEM FEEDING\*

Consider the child's feeding during the past six months. If you recognize several symptoms in a child, screening for problem feeding may be warranted.

- ☐ Poor weight gain (e.g., percentiles falling) or weight loss
- ☐ Choking, gagging, or coughing during meals
- ☐ Problems with vomiting while trying to eat or drink
- ☐ More than one incident of nasal reflux
- ☐ A traumatic choking incident
- ☐ Unable to transition to baby food purees by 10 months of age
- ☐ Unable to accept any table food solids by 12 months of age
- ☐ Unable to transition from breast/bottle to a cup by 16 months of age if parents want this
- ☐ Is not weaned off baby foods by 16 months of age
- ☐ Avoids all foods in specific texture or food group
- ☐ Eats less than 20 foods by age two years
- ☐ Cries and/or arches away at most meals
- ☐ Mealtime is a constant battle
- ☐ History of eating and breathing coordination problems, with ongoing respiratory issues
- ☐ Parents reporting child as being "picky" at 2 or more well child checks
- ☐ Parent repeatedly reports that the child is difficult for everyone to feed



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